One of my patients had battled heart disease for 27 years. This patient had spent thousands of dollars on medications, treatments and hospital visits—not to mention the stress and trauma of it all. A year before I had contact with the patient, he had been diagnosed with congestive heart failure and given only a short time to live. I had him start with 20 colostrum capsules per day, and within a short period of time he said he felt better. He is now working, and according to medical doctors, his heartbeat is normal.”

—Thomas E. Stone, ND, CNHP

Receptors for both GH and IGF-1 are found on all heart muscle cells, and scientific evidence indicates that GH may act directly on the heart, whereas the effects of IGF-1 may be indirect and operate through separate hormonal pathways. Research studies have also shown that both GH and IGF-1 have stimulatory effects on heart muscle cells, and it is believed that this occurs through the pathway by which the cells use calcium. It has also been shown that administration of GH to patients with congestive heart failure can induce a marked improvement in heart function and clinical status.

A pure colostrum (not the defatted kind) can help the heart patient in so many ways. It contains growth factors that can rebuild damaged muscle tissue; it contains immune factors that can reduce the levels of bacterial and viral pathogens in the system (which often contribute or cause heart problems in the first place); it contains essential fatty acids that can calm the overactive immune response often accompanying coronary damage. There are even studies that show that the growth factors contained in colostrum are important in lowering bad, low-density lipoprotein cholesterol levels and increasing good, high-density lipoprotein cholesterol levels.

Complete first-milking bovine colostrum is an excellent resource for both GH and IGF-1. It may be just what you need to support your heart health.